



INTERVISION (PEER-SUPERVISION) PROTOCOL

(to be completed by participants during each intervision / peer-supervision meeting)

General Information

Date: _____

Duration of the intervision meeting: _____

Participants present:

Facilitator / Coordinator of the meeting (if applicable): _____

Case ID / Client code: _____

Presenting psychotherapist: _____

Number of psychotherapy sessions conducted with the client: _____

Presenting problem / diagnosis: _____

I. Case Presentation

1. Summary of the Case

2. Presenting Difficulties / Clinical Questions

What aspects of the case does the psychotherapist wish to explore within intervision?

II. Clinical Formulation

Relevant Clinical Dimensions

Biological aspects

Cognitive aspects

Emotional dynamics

Psychodynamic aspects

Relational / attachment dynamics

Family / systemic aspects

Cultural / existential / spiritual dimensions

III. Therapeutic Process

1. Therapeutic Objectives
2. Therapeutic Strategies and Interventions Used
3. Therapeutic Relationship and Alliance
4. Difficulties, Ruptures or Therapeutic Impasses
5. Observed Progress or Changes

IV. Reflective and Relational Aspects

1. Emotional Reactions of the Psychotherapist (countertransference, emotional resonance, personal reactions)
2. Hypotheses Formulated by the Peer Group

V. Therapeutic Spectrum Analysis (TSA)

Quality of the therapeutic relationship

Degree of therapist involvement and attunement

Activation of client resources

Emotional engagement of the client

Client participation in the therapeutic process

Current stage of the therapeutic intervention

VI. Feedback and Recommendations from the Peer Group

Suggested perspectives, interventions or directions for exploration

VII. Ethical and Professional Considerations

(confidentiality, boundaries, risk factors, referral needs, professional limitations)

VIII. Conclusions and Integration

Main insights gained during intervention

Proposed next therapeutic steps

IX. Reflective Evaluation of the Intervention Process

How did the intervention process contribute to:

- clinical understanding;
- reflective capacity;
- therapeutic strategy;
- emotional awareness;
- professional development?

Presenting psychotherapist signature: _____

Participants' signatures: _____